



MSLC Newsletter

The Maternity Service Liaison Committee meets every two months and is made up of service users and health professionals (in Leeds)

JULY MEETING 2016

News from the last MSLC Meeting July 2016

Matters Arising: Feedback on issues .. Proactive Support for under 24's .. Bereavementv working group to be reconvened... Lucy to help develop contact through the hospital trust in doula guidelines



Julie Scarfe Head of Midwifery is retiring after 10 years and will be leaving us in September 2016. MSLC would like to thank Julie for her support to the group over the

years. **Sue Gibson** from Barnsley will be joining the Leeds Teaching Hospital as new Head of Midwifery. MSLC were pleased to be a part of the recruitment process and are looking forward to welcoming Sue. We wish you all the best Julie for your retirement!

Maternity Strategy Update Sarah Bennett-Lead midwife

on the maternity Strategy reported that the emotional and well-being element was going well and the preparation for user engagement was underway for developing 'care pathway'. At the recent Tenfold event during Learning Disabilities Week (in June), they heard from 6 mums, and 1 dad on their personal experience. Sarah and Megan feel confident that they will be able to launch the new pathway and training program during Baby Week in September.

Sarah updated that the Emotional Wellbeing and Perinatal mental health pathway was continuing with Leeds Involving People who are participating in the user engagement side of the development of the perinatal health pathway.

There will also be a pilot for partners staying overnight on the postnatal ward—sleeping by the side of the mother.

Feedback on Previous issues—Proactive

Support for under 24 year olds on postnatal wards. A set of proactive questions are now being asked of all women to ensure that no assumptions are being made about breastfeeding choices in particular focussing on under 24's. Susan Wallis will be carrying out an audit of under 24's experiences post-natally around breastfeeding support. This will be fed back to MSLC

Bereavement Issues;

Megan has met with Amanda Lucas and bereavement midwife to discussed areas of improvement and that a working group will be reconvened to discuss the ongoing support services. The sofa on Snowdrop Suite has now been replaced by

Judy Carrivick from the Patient Assurance Group (PAG)

announced that 'an exciting opportunity' to become involved in the work of the Clinical Commissioning Group has arisen. with further opportunities for training through the Patient Leader programme. For more information please contact: JudyCarrivick; judycarrivick@nhs.net



Leeds Maternity Services Liaison



@LeedsMSLC

BABY WEEK LEEDS



Baby Week is an early years initiative taken from the Brazilian Semana do Bebe. The week long event has been taking place over the last 17 years in over 300 states of Brazil, Uruguay and Portugal and is now supported by UNICEF. Lucy who is part of the Maternity Service Liaison Committee recently returned from Brazil after a Winston Churchill Travelling Fellowship and learnt about the event through visiting organisations in Porto Alegre in South Brazil. An annual event, Semana do Bebe started out as a grassroots project which helped raise awareness around a babies mental and physical growth stages. The week attracts families, professionals and students and has influenced policy, reduced infant mortality and increased awareness in breast feeding. Lucy had the idea to turn the idea around and promote the services already embedded in delivery to families and help improve access to families. Baby Week will be a vehicle in which to help promote the 'Best Start Plan' and the 'Maternity Strategy'

It will begin with a conference starting on Monday 12th September at the Rose Bowl Leeds Beckett University. After that there will be a screening of 'Babies' a documentary film by Thomas Balmes at the Everyman cinema. There will be activities throughout the week at various children's centres and a closing ceremony at the Civic Hall with guest speakers and a pram parade in Millennium Square at 3.30. It will be the first English speaking country to replicate the model. The event will provide a platform on which mainstream and voluntary sector can come together and promote their services, share skills and help to engage a wider participation for solated families seeking support. For more information on how to book onto the exciting events please go to the website www.babyweek.co.uk for more information For booking follow the Timetable tab page.

MEET THE PROFESSIONALS

This month is midwife Catherine Hopely—to follow



Questions Raised

Birth Matters Clinic

The Birth Matters is an excellent clinic that allows women to talk through previous birth experiences with a midwife. Many women either themselves or others have said that there is an increasingly long waiting list for this clinic. Amanda and Paula pointed out that women could ask for/access a debrief with their community midwife or with a Supervisor of Midwives and that Birth Matters is not the only way of getting this. ***ACTION - To find out how often they meet and help provide more information on this to mothers***

Service User Issues

There were some Ambulance related queries from the service user reps, reporting on behalf of other mothers experiences;

- In particular, paramedics attending a homebirth environment and treating it as an emergency before the midwives had arrived, and were immediately wanting to transfer And not follow the women's wishing by cutting the cord too soon the transferring the women to hospital.

Are there new guidelines on ambulances attending a homebirth—is there new training on this if so are homebirth midwives aware? ACTION follow this up with PALS. Also look in St John Ambulance too

- Another issue was an ambulance driver transferring a women from home following a homebirth and not being able to find their way to the Clendon Wing, and arriving 15 minutes later than the women's partner did in a taxi.

Home birth related— It was reported a mother being admitted to (LGI) hospital following a homebirth had difficulty in requesting an electronic breastpump from staff on the postnatal ward. The mother who was engaged and in discomfort had to wait until a homebirth midwife was available to attend to her need. In the end the mother had to ring her friend to bring her her breastpump from home.—Corrine Liddle Johnson said that this would definitely be investigated and that she would need to know the facts—date and which ward.

Action—to follow this up with parent and midwife.

Courtesy and curtains—One service user reported a mother had a curtain opened without permission when a male member of staff from housekeeping entered and disturbed her. This problem is stopping some women from ethnic backgrounds having their children in hospital. Midwives stressed they always make it's okay to enter first—however not all staff.

Supervisor of Midwives

Supervisor of Midwives Paula Jenkins

Reported that the Annual LSA audit will take place on the 25th October 2016. The audit team will be reviewing midwifery practice and speaking to women about their experiences. The audit is carried out to ensure that statutory supervision of midwives is in place and that safe and high quality midwifery care is provided to women.



Other news in Brief

Dr. Kuldip Bharj, OBE Associate Professor in Midwifery is conducting a study into Chronic Pelvic Pain. They are interested in hearing from women over the age of 18, from Pakistani, Indian and Bangladeshi communities who have experienced a history of pain in the lower abdomen for 3 months or more. The study has ethical approval granted by the Health Research Authority. For more information contact Kuldip on 0113 343 1235 or email k.k.bharj@leeds.ac.uk

Ansa Ahmed attended the meeting in July and informed us that she was setting up Hope 'A Bereavement Support Group & individual private counselling available for those who have experienced miscarriage and/or infant loss no matter how long ago - maybe you are pregnant again and anxious about the new pregnancy? Ansa will be promoting her work at Baby Week in September

Antenatal Classes—There was concern around people trying to book into ante-natal classes but finding them full. Sarah Bennett said that one of the problems was that women didn't register for ante-natal classes until much later in the pregnancy and felt that if women filled the form in early they would be much more likely to get a place on one of the many classes around the city. Charlotte Hagerty from NCT and Becca Neaves City of Sanctuary noted that the Hamla service does provide weekly groups in Harehills and Beeston for more targeted groups.

Professionals in Attendance

There are between 16-25 people who regularly attend MSLC meetings. Below is the list of professionals who were at the May meeting.

PROFESSIONALS & SERVICE REPRESENTATIVES PRESENT:

Paula Jenkins—Supervisor of Midwives

Sarah Bennett— Lead midwife, maternity strategy

Corrine Liddle-Johnson—Matron

Amanda Lucas—Deputy Head of Midwifery

Liz Wigley—Maternity Commissioning Manager

Tracey Richardson = PALS

Shazia Mamoon— PALS

Charlotte Hagerty—NCT

Becca Neaves City of Sanctuary

Ansa Ahmed—Hope

Megan Waugh MSLC

Lucy Potter MSLC

Dr Kuldip Kaur Bharj, OBE

Associate Professor in Midwifery University of Leeds

Apologies Julie Scarfe

Helen Butters, Tomasina Stacey

NEXT MEETING

The next MSLC (Thursday 15th September) will take place within Baby Week. To recognise this MSLC are hosting the Maternity Strategy engagement in the afternoon.

There will be the normal MSLC meeting will be on from 10am till 12pm –and then from 1 –3 Maternity Strategy
VENUE Room 18 Leeds Library 1st Floor

There will also be photograph displays from City of Sanctuary
For more details contact lucypotter@womenshealthmatters.org.uk

