



MSLC Newsletter

The Maternity Service Liaison Committee meets every two months and is made up of service users and health professionals (in Leeds)

MAY MEETING 2016

News from the last MSLC Meeting May 19th 2016

Strategy Round up

(Maternity Strategy) (Who's Shoes)

Maternity Strategy Round Up

Personalisation

As part of the Personalisation Priority in Leeds Maternity Strategy a workshop event, "Whose Shoes" was held in March and attended by 40 people. The workshop aimed to look at what we currently do and asking ourselves 'what can we do differently?' By bringing everyone together, from mums who have used our services to staff of all grades who deliver care, to commissioners and business and administrative staff we were able to discuss experiences and share ideas to really co-design the future of maternity services in Leeds.

Many of the areas discussed looked at Communication – how we talk and listen to one another as well as issues such as too many people being part of ward rounds and the possibility of partners staying on post-natal wards.

Perinatal Mental Health

Developing a peri-natal mental health pathway is another of the Maternity Strategy Priorities and was a separate item of discussion (see p.2)

Targeted Support – Learning Disabilities/ Difficulties Maternity Pathway

Work is underway to develop a specific maternity pathway for women with learning difficulties/ disabilities. Third Sector organisations will be consulted at an event during Learning Disabilities week; easy read maternity information is being developed with Leeds and York Partnership Foundation Trust and professionals and service users have been able to attend Mind The Gap's Forum Theatre performance *Anna – Exploring Learning Disability and Parenthood*.

Matters Arising:

- At our January MSLC meeting we discussed the lack of guidelines for doulas. Several service users were interested in contributing to this. Lucy is waiting to hear from Gail Wright to take this forward.
- Results of the recent CQC (Care Quality Commission) inspection will be shared with MSLC when they are available.



Becca Neaves from City of Sanctuary gave positive feedback from Haamla a voluntary service specialising working with Asylum Seekers and Refugee women and babies.

However, she also highlighted the gap between the Haamla service and community midwives in supporting refugees in particular the difference in asylum status and how that can impact on a mothers eligibility of access to services.

Sarah Bennett said she is looking into sourcing the information that can be shared between services with areas of need. MW and BN are working together to make it easier for women from City of Sanctuary peer support group to regularly attend MSLC and feedback current issues.



Leeds Maternity Services Liaison



@LeedsMSLC

MEET THE PROFESSIONALS

My name is Paula Jenkins and I am one of two Contact Supervisors of Midwives working in the Leeds Teaching Hospitals Trust. Supervisors are experienced, practising midwives who have had additional training. In Leeds there is a team of 27 Supervisors working across a variety of care settings including Delivery Suite, Antenatal and Postnatal, Community and the University. Our role is to develop and maintain safe practice to ensure protection of you, your baby and your family. As supervisors we meet regularly with midwives to ensure a high standard of care is provided. We also meet with women to ensure that they receive guidance and information about birth options and choices.

What Can We Do For You?

- **LISTEN** to any concerns you may have about your maternity care and take action if it is felt to be appropriate.
- **SUPPORT** you and your midwife to plan your pregnancy care and plan for the birth of your baby.
- **DISCUSS** with you the most appropriate choices for you and your baby.
- **HELP** resolve any disagreements about your maternity care in an unbiased and impartial manner.

We can also talk to you if you are unhappy about your birth outcome or treatment.

A supervisor always attends the Maternity Service Liaison Committee meeting and as well as feeding back on issues from the Trust, we can take forward your concerns to the team to address further. If you wish to contact a supervisor of midwives you can ring **07900 915209**

YOUNG DADS

Leeds 'Young Dads' attended the March MSLC event where they had a chance to speak to various health professionals and commissioner for Leeds Maternity and Children's services about their experiences, issues and concerns. Following this MSLC are now working with 'Young Dad's project worker Tom Senior to further engage dads in the development of maternity services. We have approached Best Beginnings who are piloting the Baby Buddy app in Leeds about the possibility of developing a Dads App and involving Leeds Dads in that. BB have recently put in a bid to raise money for that idea and are keen to include Dads in that. **ACTION: Update at the next meeting**

PERINATAL MENTAL

As part of Leeds Maternity Strategy, Janine Brown-Jones who attended the event last month is leading on developing a pathway on mental and emotional support for pregnant women. Joe Alderice from 'Leeds Involving People' the service which is helping consult with women around the support they received (or lack of it) at different stages of their pregnancy.

A discussion about this pathway raised the following issues:

- Trust in who they tell what information for fear of being referred to social care
- Cultural differences, such as depression not being seen as an issue and a difficult subject culturally. The consultation should help map out people's reasons and fears for disclosing depression too.

The contact for this consultation will be Sham, sham.shakat@leedsinvolvement.org.uk or Amy, amy.rebane@leedsinvolvement.org.uk or call **(0113) 2374508**



Other Issues and Questions raised

Bereavement (MW) At March MSLC concerns were raised that the community bereavement midwife had been off and referrals for support had been delayed. There was a discussion about the fact that the service should not rely on one person. Also raised was the poor state of beds in the Snowdrop suite which need replacing. Sands have offered money for this but it has not yet happened. Also discussed the fact that the bereavement suite and separate entrance at LGI is not signposted.

ACTION Agreed that the bereavement sub group should reconvene to evaluate the current provision and need for any changes to that.

Breastfeeding Support

There were two issues that came out of the event in March around Breastfeeding Support for young women and which supported findings in WHM report (Young, white, working class and breastfeeding in Leeds: My influences, my choices). Young women on postnatal wards in particular felt that there was an assumption that they would not want to breastfeed and so support wasn't offered when they could see older especially older middle class women receiving support and advice. Jenny Bull (supervisor of midwives) said there were 'stickered notes' for mum under 24 in their file on post natal wards. Julie Scarfe (Head of midwifery) suggested this issue could be picked up in the next audit.

ACTION: Update following audit

SW raised two issues:

Service User Issues

- SW has recently been a patient on the antenatal ward where all the TV's were on full volume and nobody was using headphones. When she approached the midwife to ask the women she was told they cannot make people turn down their TV within their bays. MSLC discussed this with the professionals and suggested creating ground rules and enforcing a quiet time or a quiet room.
- Another query was Shazma's prescription for her medication was not ready upon her discharge and had to wait a long time. MSLC will pursue this with the Maternity Service Forum to see how this can be dealt with better.

ACTION: Take to MSF for feedback

Homebirth

Question about results of the recent homebirth steering group attended by MSLC service users and whether homebirth request were now being picked up at 28 or 32 weeks?

Action update on agenda for next MSLC

Supervisor of Midwives

Paula Jenkins (Supervisors of Midwives) presented a summary of complaints about obstetric care themes and responses have been attached to this email.

Action: SoM as agenda standing item



Feedback required

Delivery—what's possible? Planned walk about....

Following on from earlier discussions about the future of Leeds Maternity Services which included questions about reconfiguring existing wards, a walk around the hospital buildings is being planned. Midwives, representatives from MSLC and service users will be joining midwife consultant Sheena Byrom and an architect whose focus has been on birth places and will feedback to MSLC.

More news



UK Charity Maternity Action

www.maternityaction.org.uk

has launched a new service to provide advice and guidance for women affected by charging for NHS Maternity Care.

They now have a service available to help those who would normally be required to pay for maternity services. This advice line now gives up to date information on where to gain the right access for babies being born:

0845 600 8533

MSLC through Womens Health Matters

will be engaging more service users through face book and twitter.

Why not 'like us' on FB or send us a tweet.



Maternity Service Liaison Committee Leeds



LeedsWomen's Health Matters @LeedsMSLC



Professionals in Attendance

There are between 16-25 people who regularly attend MSLC meetings.

Below is the list of professionals who were at the May meeting.

PROFESSIONALS & SERVICE REPRESENTATIVES PRESENT:

Julie Scarfe—Head of Midwifery

Tracey Glanville—Consultant and Obstetrician

Paula Jenkins—Supervisor of Midwives

Jennifer Bull—Risk Management Support
Midwife

Tomasina Stacey—Lecturer

Sarah Bennett— Lead midwife, maternity strategy

Krys Primose Active community midwife team leader

Janine Brown-Jones—project lead PNMH)

Leigh-Anne Hartley—student midwife

Claire Harbottle— Independent midwife/arti

Becca Neaves City of Sanctuary

Megan Waugh MSLC

Lucy Potter MSLC

Joseph Alderdice Leeds
Involving People



NEXT MEETING



**Our next MSLC meeting will be on
Thursday 21st July from 10am till 12pm**

Technorth Family Learning Centre 9 Harrogate Road Leeds LS7 3NB

For more details contact lucypotter@womenshealthmatters.org.uk



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